



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEWARK YMCA POOL SCHEDULE JANUARY 1 - JANUARY 31

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am-7am	Closed	Lap Swim/Open Swim 6:00am-9:00am	Lap Swim/Open Swim 6:00am-9:00am	Lap Swim/Open Swim 6:00am-9:00am	Lap Swim/Open Swim 6:00am-9:00am	Lap Swim/Open Swim 6:00am-9:00am	Closed
7am-8am							
8am-9am							
9am-10am		Closed	Closed	Closed	Closed	Closed	Baby & Me 9:35am-10:05am Polli//Guppy/Minnow 10:20am-11:00am Pike/Eel/Ray 11:05am-11:45am Polli//Guppy/Minnow 11:50am-12:30pm Adult Beg/Int 12:35pm-1:15pm Polli//Guppy/Minnow 1:20pm-2pm
10am-11am							
11am-12pm		Lap Swim 11:30pm-1:30pm	Lap Swim 12pm-1pm	Lap Swim 11:30pm-1:30pm	Lap Swim 12pm-1pm	Lap Swim 12pm-1pm	
12pm-1pm	Lap Swim/Open Swim 12pm-4:30pm	Closed	Closed	Closed	Closed	Closed	
1pm-2pm							
2pm-3pm							
3pm-4pm	Closed	Lap Swim/Open Swim 3:30pm-4:30pm	Lap Swim/Open Swim 3:30pm-9:00pm	Lap Swim/Open Swim 3:30pm-4:30pm	Lap Swim/Open Swim 3:30pm-9:00pm	Lap Swim/Open Swim 3:30pm-9:00pm	Lap Swim/Open Swim 2pm-4:30pm
4pm-5pm		Polli//Guppy/Minnow 4:40pm-5:20pm Pike/Eel/Ray 5:25pm-6:05pm Polli//Guppy/Minnow 6:10pm-6:50pm Adult Beg/Int 6:55pm-7:35pm		Polli//Guppy/Minnow 4:40pm-5:20pm Pike/Eel/Ray 5:25pm-6:05pm Polli//Guppy/Minnow 6:10pm-6:50pm Adult Beg/Int 6:55pm-7:35pm			
5pm-6pm							
6pm-7pm							
7pm-8pm	Closed	Lap Swim/Open Swim 7:35pm-9:00pm	Lap Swim/Open Swim 7:35pm-9:00pm	Lap Swim/Open Swim 7:35pm-9:00pm	Lap Swim/Open Swim 7:35pm-9:00pm	Lap Swim/Open Swim 7:35pm-9:00pm	Closed
8pm-9pm							

The pool will be closed to members and guests for Swim Team, Private Group Swim and Swim Lessons.
Scheduling and access to YMCA facilities is subject to change in the sole discretion of management.