



## ACTIVITY LIST

### Aquatics

#### Canoeing

Take to our lake on our 2-3 passenger canoes. Canoeing uses single ended paddles and requires teamwork and coordination maneuver across the lake.

#### Kayaking

Our 1 passenger Kayaks use a double-ended paddle to traverse the lake. Kayaks are great for experience boaters, or for older kids and adults who want to try their hand at something new.

#### Rowboat

Slower and heavier, rowboats can be used if you are looking to enjoy a nice float in the lake.

#### Stand-up-Paddle Board

Sit, kneel, or stand on these open sided paddle boards. Our paddle boards use extra-long single ended paddles that can be difficult to use at first and might result in a lot of splashes. However, once master Stand-up-Paddle boards offer a unique experience unlike any other type of boating.

#### Swimming (Lake)

During our summer months, enjoy swimming in our mountain lake.

### High Ropes

#### Climbing Tower

Enjoy a 60ft Rockwall climb and ring the bell at the summit. This element offers two challenges, one for beginners and one for more experienced climbers.

#### Flying Squirrel

Take to the skies in this team operated element. Participants enjoy the sensation of flying as they are lifted over 60ft into the air.

#### Giants Ladder

This co-operative element requires two participants to rely on each other as they attempt to climb the rungs of a giant swinging ladder.

#### Leap of Faith

Face your fears and leap from a 60ft high platform towards a hanging objective. Bravery is required, but the sensation of the leap with the potential reward of reaching the goal is well worth the jump.

#### Pirates Crossing

Traverse a spanning tight rope 60ft in the air using only balance and the hanging ropes provided.

#### Zipline\*

Soar through the skies and enjoy the view as you cross over Robert Rooke lake on this 700ft+ zipline.

### Target Sports

#### Archery (Recurve)

Practice your archery skills like your ancestors using our recurve bows.

#### Archery (Compound)

Enjoy modern technology at our archery range while using our Genises Compound Bows.

#### Archery (Golf)

Looking for a unique experience? Take the bow to the field and enjoy a round of archery golf, using our specialized safety arrows.

#### Hatchet Throwing

Learn safety and throwing technique as you attempt to split wood by throwing hatchets at our range.

#### Slingshots

Enjoy launching small ammunition at pots and pans at our slingshot range.

### Arts & Crafts

#### Crafts

Select from several different craft options; painting, jewelry making, paper mâché, leather crafts, and so much more. Our art center is full of supplies, the only limit is your imagination.

#### Fun-gineering

Follow step by step instructions and use basic engineering to craft interactive pieces.

#### Hydro Dipping\*

Use our paints and a water to dip and create your own art. You can dip anything from white hats, to rocks, to name tags.

#### Tie-Dye\*

Use our tie-dye to create your own-colored t-shirt or hat. Tie-dye is a great way to commemorate a group trip.

## Nature Discovery

### **Campfire**

Enjoy a relaxing night around a campfire, roasting marshmallows or signing camp songs.

### **Fishing**

Catch several different varieties of fish from our freshwater lake. We provide fishing poles, or you can bring your own.

### **Pond Studies**

Dip nets into our life cycle pond and discover a variety of wildlife. This hands-on experience teaches about the life cycle of frogs, insects, salamanders, and more.

### **Ornithology (Bird watching)**

Use our binoculars on a hike exploring our large population of birds.

### **Outdoor Cooking\***

Learn how to build a fire as well as prepare and eat a delicious snack. Cook items like s'mores, hotdogs, or mountain pies.

### **Shelter Building**

Enjoy exploring the woods and building shelters out of anything nature provides.

### **Trail Hike**

Travel one of our 4 clearly marked trails averaging about 1 mile through beautiful New Jersey forest.

### **Tree Identification**

Learn about the life cycle of trees and their differences in this hands-on exploration of New Jersey forest life.

## Sports & Athletics

### **Athletics**

Our large athletic field, Pavilion, and court, allow for virtually any outdoor sport or game.

### **Basketball**

Use our full-sized outdoor basketball court.

### **GAGA Ball**

This octagon shaped arena, competitive game, is a quickly growing favorite of campers. It uses a single ball and operates off similar rules to dodgeball. If the ball touches you below the knee you're out!

### **Kick Ball**

Play a classic game of kickball on our athletic field or switch it up by playing one of the many variants. Uno kickball, 1 base kickball, mat ball.

### **Soccer**

Use our full-sized outdoor soccer field, or our smaller transportable goals.

### **Tetherball**

This classic game uses a ball attached to a string and a pole. The goal is to wrap the ball around the pole in the opposite direction as your opponent.

### **Volleyball**

Use one of our two outdoor Volleyball nets.

### **9-Square**

A combination of 4-square and volleyball, this competitive game has 9 players who compete to be the king in the middle.

## Challenge Course

### **Nitro Crossing**

Use a mini zipline to get your team across the imaginary "Liquid Nitrogen."

### **Pirates Crossing (Low)**

Traverse a low tightrope using balance and the hanging ropes provided.

### **Spider's Web**

Work as a team to get your group through the spider web without touching.

### **Team Building**

Get to know each other and work together as a team to accomplish our challenging group activities.

### **Team Skies**

Work as 2 teams of 6-8 in a race on the tricky team skies.

### **Tire Traverse**

Swing across hanging tires and ropes to reach your destination on the other side.

### **The "V" (Commitment Bridge)**

Work as a pair to balance on a tight rope that steadily gets wider apart.

### **Whale Watch**

Work as a team to balance a teetering 15ft platform. It's harder than it looks.

**These are just the most common activities offered. More activities can be chosen upon group request.**

\*Some activities require additional costs or materials.