

**CAMP LINWOOD MACDONALD YMCA
SAMPLE MENUS FOR GROUPS**

Our Food Service Staff will design your menu in consideration of your needs, restrictions, market pricing & supply availability.
Main Dish and Side are served together. Cold bar, Drinks are served with every meal.

BREAKFAST													
	1	2	3	4	5	6	7	8	9				
Main Dish	French Toast	Scrambled Eggs	Pancakes	Tator Tot Breakfast Dish	Waffle Stix	Continental	Breakfast Burritos - Scrambled Eggs	Egg Mc-Linwood (Egg patty, canadian bacon, american cheese, english muffin)	Belgium Waffles				
Side	Sausage, butter, syrup	Hash brown Patty, bacon, ketchup, hot sauce	Sausage, syrup, butter	Fruit Crisp	Canadian Bacon, Butter, Syrup	Mini Bagels / Coffeecake / Croissants / Cream Cheese / butter / Jelly	Ground Sausage / Tortillas / Salsa / Shredded Cheese / Hot Sauce		Whipped Cream / Berries/Sausage / Syrup / butter				
Cold Bar	Assorted Cereals / Yogurt Fruit												
Hot Bar	Hot Oatmeal												
Drinks	Fruit Juice / Milk / Iced Water / Hot Chocolate Coffee, Tea, Decaf for Adults												

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LUNCH														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Main	Hamburgers on a bun	Chicken Nuggets	Grilled Cheese Sandwiches	Turkey Club Subs	Cheese Pizza	Grilled Ham (turkey ham) & cheese sandwiches	Beef Tacos	Pulled Chicken on Pretzel or sandwich rolls	Grilled Chicken wrap	Beef Hotdogs on a bun	Sloppy Joe on a bun	Chicken Pot Pie	Meatball Subs	Beef Cheese Steak on 6 inch hoagie roll
Sides	Lettuce, Tomato Slices, Cheese Slices, Mayo, Mustard, ketchup	French Fries, Ketchup, Hot Sauce	Tomato Soup, Gold Fish Crackers	Lettuce, Tomato Slices, Cheese Slices, Mayo, Mustard	Celery/Carrot Stix	Assorted chips, canned peaches or mandarin oranges	Hard & soft Shells, Shredded lettuce, salsa, shredded cheese, sour cream, hot sauce, spanish rice	coleslaw , BBQ sauce, Hot Sauce	Shredded lettuce, mayo, ranch dressing, bbq Sauce, shredded cheese, tator tots	Macaroni & cheese, Hot Dog condiments - ketchup, mustard, relish, hot sauce	Carrot & Celery Sticks	Applesauce	Marinara Sauce, Grated Parmesan Cheese	Ketchup, Hot Sauce, Assorted Chips
Cold Bar	Tossed Salad, cukes, tomatoes, chic peas, tuna or pasta salad (salad varies throughout the camp period), White Milk													
Drinks	Iced Water and either: Iced Tea, Punch, or Lemonade.													

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DINNER														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Main	Spaghetti w/ Mariana Sauce - w/o Meat	Chicken/Broc Alfredo	Swedish Meatballs	Grilled Chicken Teriyaki with Broc	Baked Ziti w/ meatballs	Country "Fried" Chicken w/ gravy	Chicken Marsala	Shepherd's Pie	Chicken Parmesan	Stuffed Shells	Ground Beef Stroganoff	Baked Chicken Pieces	Beef or Chicken Lo Mein wth carrots, onions and broccoli	Baked Potato Bar
Sides	Meatballs, Garlic Sticks, Extra Sauce, Grated Parmesan Cheese, broccoli	Dinner Roll, Peas, Butter	Egg Noodles, Carrots	Rice, Butter	Garlic Bread, Corn	Mashed or baked potato, butter, Broccoli	Rice, Carrots	Dinner roll & butter	Pasta, Marinara Sauce, Garlic Sticks, carrots	Meatballs, Marinara Sauce, Garlic Sticks, Corn	Egg noodles, small biscuit, butter, Peas	Scalloped Potatoes, Green Beans,	crispy noodles	Shredded cheeses, bacon bits, ham/chicken cubes, sour cream, butter
Cold Bar	Tossed Salad, cukes, tomatoes, chic peas, tuna or pasta salad (salad varies throughout the camp period), White Milk													
Drinks	Iced Water and either: Iced Tea, Punch, or Lemonade.													

EVENING SNACKS														
Can be served in the dining hall or picked up and brought back to sleeping lodges														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Snack	Choc Chip Cookies	Watermelon Slices	Brownies	Sugar or Oatmeal Cookies	S'mores	Ice Cream Novelties	Cake with Frosting	Coffee Cake	Bagged Chips	Granola Bars	Fruit Cup	Pudding		