



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEWARK YMCA POOL SCHEDULE

July 5 - August 26

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6am-7am	Closed	Lap Swim/Open Swim 6:00am-10:00am	Lap Swim/Open Swim 6:00am-12:00pm	Lap Swim/Open Swim 6:00am-10:00am	Lap Swim/Open Swim 6:00am-10:00am	Lap Swim/Open Swim 6:00am-12:00pm	Closed	
7am-8am								
8am-9am								
9am-10am								
10am-11am								
11am-12pm								
12pm-1pm	Lap Swim/Open Swim 12pm-4:30pm	Lap Swim 12pm-1:00pm	Lap Swim 12pm-1:00pm	Lap Swim 12pm-1:00pm	Lap Swim 12pm-1:00pm	Lap Swim 12pm-1:00pm	Baby & Me 9:35am-10:05am Polli//Guppy/Minnow 10:20am-11:00am Pike/Eel/Ray 11:05am-11:45am Polli//Guppy/Minnow 11:50am-12:30pm Adult Beg/Int 12:35pm-1:15pm Polli//Guppy/Minnow 1:20pm-2pm	
1pm-2pm		CAMP	Lap Swim/Open Swim 1:00pm-5:30pm	Our House/Lap Swim	CAMP	CAMP		
2pm-3pm		Lap Swim/Open Swim		Camp				
3pm-4pm		Polli/Guppy/Minnow 4:40pm-5:20pm Pike/Eel/Ray 5:25pm-6:05pm		Lap Swim/Open Swim 4pm-5:30pm				
4pm-5pm		Closed	Polli//Guppy/Minnow 6:10pm-6:50pm Adult Beg/Int 6:50pm-7:30pm	Swim Team 5:30pm-7pm	Polli/Guppy/Minnow 4:40pm-5:20pm Pike/Eel/Ray 5:25pm-6:05pm Polli//Guppy/Minnow 6:10pm-6:50pm Adult Beg/Int 6:50pm-7:30pm	Swim Team 5:30pm-7pm		Lap Swim/Open 4pm-9:00pm
5pm-6pm			Water Aerobics 7pm-8pm	Lap Swim/Open Swim 7:30pm-9:00pm	Lap Swim/Open Swim 7:30pm-9:00pm	Lap Swim/Open Swim 7:30pm-9:00pm		
6pm-7pm			Lap Swim/Open Swim 7:30pm-9:00pm					
7pm-8pm				Lap Swim/Open Swim 7:30pm-9:00pm	Lap Swim/Open Swim 8:00pm-9:00pm	Lap Swim/Open Swim 8:00pm-9:00pm		
8pm-9pm		Lap Swim/Open Swim 7:30pm-9:00pm	Lap Swim/Open Swim 8:00pm-9:00pm					Lap Swim/Open Swim 8:00pm-9:00pm

The pool will be closed to members and guests for Swim Team, Private Group Swim and Swim Lessons.
Scheduling and access to YMCA facilities is subject to change in the sole discretion of management.