

BIRTHDAY PARTIES

Parties - We know that your child's birthday is a very special day. Allow the Y to help you celebrate. We will provide you with an easy and low cost plan that will make your child's birthday one to remember. We offer a variety of party themes, special activities and a party facilitator to bring the excitement. Leave the fun to us, so you can capture the smiles on your child's face.



For more information or to take advantage of the wonderful program we offer to students, please contact:

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YMCA of Newark & Vicinity

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The Y is the nation's leading nonprofit committed to strengthening the community through Youth Development, Healthy Living and Social Responsibility. At the Newark YMCA we believe everyone, regardless of age, income or background, should have the opportunity to learn, grow and thrive. For more information about financial assistance or to make a donation, please call 973-624-8900 or visit us at www.newarkymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRINGING THE Y TO THE COMMUNITY

Y ON WHEELS

Newark YMCA's Mobile Van



Horizon Blue Cross Blue Shield of New Jersey

Sponsored by Horizon

TAKING CONTROL OF COMMUNITY HEALTH

Y on Wheels, brought to you by Horizon brings YMCA programs and services directly to the community. This mobile unit is equipped with physical, recreational and educational activities for the whole family. Y on Wheels is ready to be deployed to local parks, playgrounds, blacktops, birthday parties, festivals and school yards.

Trained Professionals

Y professionals are trained to facilitate all recreational, fitness and artistic activities. Professionals will use a sound system to ensure all participants have an exciting time at your event.

Activities Offered

Healthy U (CATCH) – This program is the YMCA's statewide response to the childhood obesity epidemic. Through creative games and skill-based activities children learn the value of exercise and proper nutrition.

Sports and Recreation – Y on Wheels provides participants with equipment, supplies and coaches to play a wide-range of sports such as basketball, volleyball, football, soccer and kickball.

Group Exercise – Our group exercise instructors provide Aerobics, Dance,

Boot Camps and other youth and family based fitness classes.

STEAM – Explore science through the lens of art. Little artists work with a variety of materials that teach skills in science, technology, engineering and math.

FUN on wheels

Music & Art – Be a part of our Y orchestra through musical exploration using a variety of instruments. Participants can also learn about different artistic styles through painting, sculpting and craft-making.

